



Menus for

February 2024

SCASD
Elementary Schools

HELP WANTED

Looking for a job with family-friendly hours?

SCASD Food Services currently has part time positions available. Call for information.

814-231-5095



Every complete meal includes your choice of low-fat white or fat-free chocolate milk.

Thursday, February 1

Breakfast: Cinnamon Coffee Cake, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Pancakes & Yogurt
2. Ham, Egg & Cheese Croissant

Featured Veggie & Fruit Sides

Oven Browned Potatoes
Sweet Pepper Strips
Juicy Orange Slices

Friday, February 2

Breakfast: Mini French Toast, Fruit and Juice Choices & Milk

Today's Entree Choices

1. BBQ Chicken & Corn Bread
2. French Bread Pizza

Featured Veggie & Fruit Sides

Cowboy Bean Salad
Cherry Tomatoes
Chilled Pears

We Cereal-sly Love

FREE Breakfast!



Alternate Breakfast Entrees

Yogurt & Grahams
Rice Chex & Grahams
Cheerios & Grahams
Mini Wheats & Grahams

Every Student! Every day!

Monday, February 5

Breakfast: Mini Cinnis, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Chicken Nuggets & Soft Pretzel
2. Warm Cheese Pretzel

Featured Veggie & Fruit Sides

Sweet Steamed Peas
Crisp Baby Carrots
Chilled Peaches

Tuesday, February 6

Breakfast: Banana Bread, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Toasted Turkey Sub
2. Grilled Chicken Salad* & Roll
*can be requested w/o meat

Featured Veggie & Fruit Sides

French Fries
Cool Cucumbers Slices
Strawberry Cup

Wednesday, February 7

Breakfast: Raspberry Pastry, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Italian Dunks
2. Deli Turkey Sandwich

Featured Veggie & Fruit Sides

Carrots & Celery
Roasted Ranch Chickpeas
Sweet Clementine

Thursday, February 8

Breakfast: Blueberry Muffin, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Walking Taco
2. Black Bean Dip & Chips

Featured Veggie & Fruit Sides

Cucumber Slices
Sweet Pepper Strips
Fresh Pineapple

Dessert: Cinnamon Churro

Friday, February 9

Breakfast: Mini Waffles, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Chicken Parmesan & Penne
2. French Bread or Pan Pizza (Cook's Choice)

Featured Veggie & Fruit Sides

Crisp Broccoli
Baby Carrots
Fresh Apple Slices

Mushrooms!

More mushrooms are grown by Pennsylvania farmers each year than by farmers in any other state. In fact, more than half of all of the mushrooms grown in the US are grown around Kennett Square, a suburb of Philadelphia.



Monday, February 12

Breakfast: Mini Cinnis, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Chicken Nuggets & Dinner Roll
2. Hummus & Seasoned Flatbread

Featured Veggie & Fruit Sides

Steamed Sweet Corn
Crunchy Baby Carrots
Sweet Applesauce

Tuesday, February 13

Breakfast: Banana Bread, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Mrs. T's Pierogies & Roll
2. Grilled Chicken Salad* & Roll
*can be requested w/o meat

Featured Veggie & Fruit Sides

Roasted Broccoli
Cool Cucumbers Slices
Peach Cup

Wednesday, February 14

Breakfast: Whole Grain Frudel, Fruit and Juice Choices & Milk

Happy Valentine's Day!

Today's Entree Choices

1. Cheeseburger
2. Impossible Burger

Featured Veggie & Fruit Sides

Baked Beans
Carrots & Celery
Fresh Apple Slices

Dessert: Sugar Cookie

Thursday, February 15

Breakfast: Cinnamon Coffee Cake, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Chicken Patty Sandwich
2. Cheesy Lasagna & Bread Stick

Featured Veggie & Fruit Sides

Pizza Stuffed Mushrooms
Sweet Peppers
Pineapple



Friday, February 16

Breakfast: Mini French Toast, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Sloppy Joe Sandwich
2. French Bread Pizza

Featured Veggie & Fruit Sides

Sweet Potato Fries
Crisp Broccoli
Strawberry Cup

Payments to Student Accounts: Payments are not accepted at the elementary schools. If you wish to add funds to a student's account, please pay on-line at www.myschoolbucks.com or mail checks to: SCASD FSD, 653 Westerly Parkway, State College, PA 16801. Make checks payable to SCASD FSD.

Lunch: 2.75 Breakfast: FREE Milk: \$.70 Extra Entree: \$2.25 Fruit/Veg: \$.85

GIANT ROUND UP

GIANT customers can round up at the register through January, February, & March to help their local public schools eliminate childhood hunger.

Monday, February 19Breakfast Only Available for CEEL**3 Hour Delayed Start**Today's Entree

Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

Tomato Soup

Baby Carrots

Apple Slices

Dessert: Presidents Day Cookies**Tuesday, February 20**Breakfast: Mini Cinnis,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Big Daddy's Pizza
2. Grilled Chicken Salad* & Roll

*can be requested w/o meat

Featured Veggie & Fruit Sides

Cucumber Slices

Celery Sticks

Sweet Melon

Wed., February 21Breakfast: Raspberry Pastry,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Popcorn Chicken & Roll
2. Yogurt Parfait & Roll

Featured Veggie & Fruit Sides

Baked Potato

Sweet Peppert Strips

Mandarin Oranges

Thursday, February 22Breakfast: Blueberry Muffin,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Italian Dunkers
2. Deli Turkey Sandwich

Featured Veggie & Fruit Sides

Cowboy Salad

Crisp Broccoli

Crisp Grapes

Friday, February 23Breakfast: Mini Waffles,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Roasted Chicken & Biscuit
2. French Bread Pizza

Featured Veggie & Fruit Sides

Steamed Sweet Corn

Cherry Tomatoes

Chilled Pears



Washington's Birthday
is the official holiday
celebrated on the
3rd Monday of
February. But as
the day honors
all of our past
presidents, it is
more often
referred to as
Presidents Day.

**Enjoy these fun,
presidential facts:**



Martin Van Buren (1837-41), the 8th President, was the first president to have been born after the American Revolution, making him the first American-born president. The seven before him were all born in the American colonies.

Three presidents (John Adams, Thomas Jefferson, and James Monroe) died on the 4th of July, but Calvin Coolidge (1923-29) is the only president to have been born on Independence Day.

President Rutherford B. Hayes (1877-81) was the first U.S. President to use a telephone and had one installed in the White House. Grover Cleveland (1885-1889 & 1893-1897) personally answered the White House phone, but Calvin Coolidge (1923-1929) refused to use the telephone while in the office.

Thomas Jefferson (1801-09) read Greek, Latin, French, and English. Andrew Johnson (1865-69) had no formal education and was taught to read and write by his wife. Theodore Roosevelt (1901-09) had a photographic memory and could read a page in seconds. Harry S. Truman (1945-53) read every book in his hometown library. And, Jimmy Carter (1977-81) is a speed reader, having been recorded reading 2,000 words per minute.

Yellowstone was established as the world's first national park by President Ulysses S. Grant (1869-77). Gerald Ford (1974-77) worked as a Yellowstone Park Ranger in 1936.

Herbert Hoover (1929-33) and his wife, Lou, lived in China before he was president; they spoke Mandarin in the White House when they wanted to keep their conversations private.



SCHOOL LUNCHES INCLUDE FIVE COMPONENTS: MEAT/MEAT ALTERNATE, BREAD/GRAIN, VEGETABLES, FRUIT AND MILK. STUDENTS CHOOSE ONE OF THE FEATURED ENTREES THAT ARE PLANNED TO INCLUDE BOTH THE MEAT/MEAT ALTERNATE AND BREAD/GRAIN COMPONENTS.

TO COMPLETE THEIR MEAL, STUDENTS MAY CHOOSE ONE SERVING OF FRUIT, ALL OF THE VEGETABLES WANTED, AND A SERVING OF LOW-FAT OR FAT FREE MILK.

FEATURED FRUITS AND VEGETABLES ARE LISTED ON THE MENU BUT ADDITIONAL CHOICES ARE OFFERED EACH DAY. STUDENTS CAN ALWAYS FIND CHOICES THAT THEY LIKE TO EAT.

STUDENTS WILL BE ASKED TO SELECT ADDITIONAL FOOD ITEMS IF AT LEAST THREE OF THE FIVE COMPONENTS ARE NOT SELECTED OR IF THEY DO NOT CHOOSE AT LEAST ONE-HALF CUP OF FRUIT OR VEGETABLE.

WHEN DESSERT IS OFFERED, STUDENTS MAY SELECT IT IN ADDITION TO THE FIVE MEAL COMPONENTS.

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Lunch - \$2.75 Breakfast - FREE Milk - \$.70

**Menus Are
Subject To Change**

We will typically adjust the planned menu in response to weather related school closures. We will do our best to keep you informed of changes and appreciate your understanding.

**Monday, February 26****No School Today**

www.scasd.org/schoolmeals
Click on the Birthday Basket link.

Tuesday, February 27Breakfast: Mini Cinnis,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Chicken Nuggets & Soft Pretzel
2. Warm Cheese Pretzel

Featured Veggie & Fruit Sides

Steamed Sweet Peas

Crunchy Baby Carrots

Sweet Applesauce

Wednesday, February 28Breakfast: Whole Grain Frudel,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Hot Dog (turkey & beef)
2. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

Baked Beans

Cucumber Slices

Peach Cup

Dessert: Fritos Corn Chips**Thursday, February 29**Breakfast: Cinnamon Coffee Cake,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Fish Sticks w/ Mac & Cheese
2. Chex Cereal, Grahams & Yogurt

Featured Veggie & Fruit Sides

Cherry Tomatoes

Crisp Broccoli

Juicy Orange Slices

Friday, March 1Breakfast: Mini French Toast,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Buffalo Chicken Dip & Chips
2. Pizza Munchie Lunch

Featured Veggie & Fruit Sides

Celery Sticks

Cucumber Slices

Strawberry Cup